

## Active Play:

# Incline Balance Beam Crossing

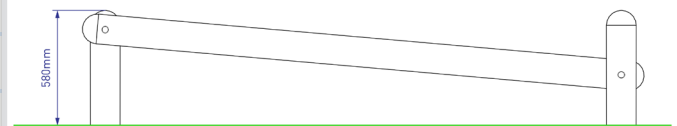


A step up from the mini version of our balance beam, this beam throws an incline challenge into the mix!

Balancing on a beam is an ideal activity for developing children's core strength and stability, balance and coordination. A key and absolute essential element of a child's daily exercise routine, it allows them to develop some of the most important physical skills that they need to move around safely day to day.

Good balance and coordination skills will in turn help children to succeed in other sports and activities such as cycling or riding a scooter.

The gentle incline on this balance beam builds confidence as children learn to move up and down and maintain control of their speed - great for strengthening the lower body too.



### Technical Details:

- Size (L x W x H): 2830mm x 450mm x 580mm
- Critical fall height: <0.6M
- Overall size including fall space: 5830mm x 3450mm
- Minimum area required\*: 16.7M<sup>2</sup>
- High pressure treated 'play grade' timber

To view the full specification of this product and other features and benefits, please view this product on our website.

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